

Anderson Center Consulting Family Support Services

Offering ABA Support for Individuals and Families

Dutchess, Columbia, Greene, Putnam, and Ulster Counties

About the Program

Family Support Services (FSS) is a short-term, in-home program to assist families with individuals (childhood through adulthood) with Autism or other related developmental disabilities. **Services are offered at NO COST to families** and include:

- ◆ Immediate and ongoing support and instruction for families and individuals, including:
 - ◆ Learning about available resources and supports
 - ◆ Preventing and managing behavioral challenges in the home and community environments
 - ◆ Accessing the community

Supporting Children

While our supports are specific to each families' needs, we provide training in skills and strategies to families with young children for:

- ◆ Accessing their community
- ◆ Following routines; going out of the house (i.e., school, community)
- ◆ Managing challenging behaviors
- ◆ Helping your child understand when they cannot have their way

Supporting Young Adults

For families of young adults, we provide strategies and supports for:

- ◆ Identifying goals and objectives
 - ◆ Employment, college, leisure
- ◆ Accessing the community
 - ◆ Transportation, safety, life skills, problem solving
- ◆ Making Friends

Eligibility

To be eligible for services through our Family Support Services program, individuals (children or adults) must:

- ◆ Be diagnosed with a developmental disability (including Autism Spectrum Disorders)
- ◆ Meet criteria for OPWDD eligibility at time of assessment/service
- ◆ Reside with family members in Dutchess, Columbia, Greene, Putnam or Ulster County

Please contact us for additional information regarding our program

Anderson Center Consulting
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Does your
child or
family need
support
with...

Making
friends?

Accessing the
community?

Leaving the
house?

Managing
challenging
behaviors?