

# 2024 BCSD Winter Athletics Information

Mr. John Giametta

Director of PE, Athletics, Health & Recreation



## **BCSD Winter sports:**

Boys Basketball (Var, JV, Mod)

Cheer (Var, Mod)

Boys Swim (Var, Dev)

Wrestling (Var, Mod)

Girls Basketball (Var, JV, Mod)

Boys & Girls Winter Track (Var)

Boys & Girls Bowling (Var, Dev)

Unified Bowling (Var)

# BCSD Athletic Program Goals



**COMMUNICATE-** With our athletes, families and the community

**MOTIVATE-** Key to making our programs more successful

**MAKING A DIFFERENCE-** Both on the field & in the classroom

**POSITIVE ATTITUDE-** “Life is 10% what happens to me, and 90% how I react to it”

**DEDICATION-** From ourselves and our athletes, both in the classroom and on the field!

# BCSD Athletic Department Introductions....

- BHS Principal- Mr. Corey Dwyer [dwyer.c@beaconk12.org](mailto:dwyer.c@beaconk12.org)
- Athletic Secretary- Mrs. Claire Vigna [vigna.c@beaconk12.org](mailto:vigna.c@beaconk12.org)
- Athletic Trainer- Mr. Scott Sabatelle [sabatelle.s@beaconk12.org](mailto:sabatelle.s@beaconk12.org)
- Nurse Manager- Ms. Hannah Aakjar [aakjar.h@beaconk12.org](mailto:aakjar.h@beaconk12.org)
- BHS Nurse- Ms. Jacqueline Del Bene [delbene.j@beaconk12.org](mailto:delbene.j@beaconk12.org)
- RMS Nurse- Ms. Amber Klemann [klemann.a@beaconk12.org](mailto:klemann.a@beaconk12.org)

# Winter 2024 Coaches Contact Information

<b>Boys Basketball</b>	Varsity	Patrick Schetter	@SchetterBHS	<a href="mailto:schetter.p@beaconk12.org">schetter.p@beaconk12.org</a>
	JV	Gerald Ryan		<a href="mailto:ryan.g@beaconk12.org">ryan.g@beaconk12.org</a>
	Modified	TJ Zehner	@CoachZehner	<a href="mailto:zehner.t@beaconk12.org">zehner.t@beaconk12.org</a>
<b>Girls Basketball</b>	Varsity	Christina Dahl	@coachdahlBHS	<a href="mailto:dahl.c@beaconk12.org">dahl.c@beaconk12.org</a>
	JV	Shannan Gunsett		<a href="mailto:gunsett.s@beaconk12.org">gunsett.s@beaconk12.org</a>
	Modified	Tom Virgadamo		<a href="mailto:tvirg2001@yahoo.com">tvirg2001@yahoo.com</a>
<b>Winter Track</b>	Varsity Boys	Jim Henry	@BCSDTrackXC	<a href="mailto:henry.j@beaconk12.org">henry.j@beaconk12.org</a>
	Varsity Girls	Ron Hammond		<a href="mailto:hammond.r@beaconk12.org">hammond.r@beaconk12.org</a>
<b>Wrestling</b>	Varsity	Ron Tompkins	@BCSD_Wrestle	<a href="mailto:t3wrestle@aol.com">t3wrestle@aol.com</a>
	Modified	Adam McPartland		<a href="mailto:mcpartland.a@beaconk12.org">mcpartland.a@beaconk12.org</a>
<b>Boys Swimming</b>	Varsity & Dev	Larry Collins	@LarryCo79540703	<a href="mailto:collins.l@beaconk12.org">collins.l@beaconk12.org</a>
	Varsity Asst.	Michelle Green		<a href="mailto:green.m@beaconk12.org">green.m@beaconk12.org</a>
<b>Cheerleading</b>	Varsity	Andi Karnavezos		<a href="mailto:karnavezos.a@beaconk12.org">karnavezos.a@beaconk12.org</a>
	Modified	Stella Virgadamo		<a href="mailto:virgadamo.s@beaconk12.org">virgadamo.s@beaconk12.org</a>
<b>Boys &amp; Girls Bowling</b>	Varsity & Dev	Marc Yacovone		<a href="mailto:yacovone.m@beaconk12.org">yacovone.m@beaconk12.org</a>
<b>Unified Bowling</b>	Varsity	Mike Mullins		<a href="mailto:mullins.m@beaconk12.org">mullins.m@beaconk12.org</a>



# BCSD Winter 2024 Sports Start Dates

- Varsity & JV practices/tryouts begin on **November 18**
- Modified & Developmental practices/tryouts begin on **December 2**
- Students will not be authorized to begin practice/tryouts unless they are registered & APPROVED on Family ID
- For questions- **Contact the coach of your team**



# BCSD Family ID Registration

- **Varsity & JV Sports:** Registration opens **October 21**
- **Modified & Developmental Sports** (7th & 8th Grade Students): Registration opens **November 4**
- Physicals will be provided by the BCSD
  - Available dates for physicals:
    - October 22, 29 & November 5 (BHS)
    - November 12, 19 & December 3 (RMS)
  - To make an appointment for your child to receive a sports physical, please email our Head Nurse at [aakjar.h@beaconk12.org](mailto:aakjar.h@beaconk12.org)

*Students will not be allowed to participate in sports until their registration has been approved.*

*You will receive an email stating that he or she has or has not been approved, which will contain any other information needed to achieve approved status.*

*Failure to print the document will result in a student being unable to participate.*

# Athletic Schedules & Updates



- RSchool APP- Best resource available!
- Updates will be given by each specific sports program
  - Twitter, Email, RSchool, etc.
  - The method being utilized will be provided by the head coach
- Coaches will do their best to keep you up-to-date
  - Google Classroom
- If you have a question, please contact the head coach of the team.



# BCSD Athletics Page & RSchool App

- Beaconk12.org
  - Click “Departments” and “Athletics”
  - Info provided: Announcements, Schedules, Directions, Family ID, Contact Info, Hall of Fame, Student Athletes & Parent Handbook
- RSchool “Activity Scheduler”
  - Visit the App store and download the rST Activity Scheduler App
  - When you enter the App, type in “Beacon City”
  - **You will then have access to every active schedule for the year!**





# X (TWITTER): BCSD Athletics @BCSDBulldogs



- Connect to **@BCSDBulldogs** for the district athletic page
- All varsity coaches will be connected to a TWITTER account
- Game updates, scores, highlights, etc.
  - Beacon City Schools: @BeaconCSD
  - Poughkeepsie Journal: @PJSports

<http://twitter.com/bcsdbulldogs>

# BCSD Student Athlete & Parent Handbook And Code of Conduct for Parents & Spectators

- Visit the BCSD website under “Athletics” to find a copy of the Student Athlete & Parent Handbook.
- Acknowledgement that you and your child fully understand and agree to abide by the policies and procedures in the handbook was given through “Family ID.”



# BCSD Transportation Approval



- Acknowledgement that you agree to our BCSD Transportation policy was given through “Family ID”
  - A few pieces of information important for you to know...
    - Only parent/guardians or emergency contacts provided on Family ID are authorized to transport an athletes
    - Prior approval needed from the the coach
    - Sign-out sheet with the coach
- \*Extenuating issues should be brought with advanced notice to the Director of Athletics\*

# Equipment & Personal Property Responsibilities

(Located in the BCSD Athletic Handbook)

- All BCSD provided uniforms and/or equipment that is lost or damaged will be charged to the athlete at replacement value
  - Student will be ineligible to participate in future BCSD Athletic programs until requirements are met



# Athletic Ineligibility Information

## (Located in the BCSD Athletic Handbook)

- **Any student failing 2 or more subjects or just PE is considered academically ineligible**
  - Failing PE on Report Card or Progress Report = Automatically ineligible for interscholastic athletics
  - Student is put on probation for 2 weeks and can then apply for reinstatement.
  - Reinstatement forms must be signed off by teachers and submitted to the athletic director.
- Students ineligible for two consecutive marking periods are not entitled to the two week probationary period, and therefore, are ineligible.
- The determination of a students eligibility status will be done via the **progress reports** and issuance of the **report cards**.

1st Quarter Report Card comes out on 11/15/24, Second Quarter Progress Report on 12/20/24, and 2nd Quarter Report Card on 1/31/25

# Reporting Injuries or Filing Claims

## (Located in the BCSD Athletic Handbook)

- An athlete must report an injury to the coach or athletic trainer immediately
- It is the responsibility of the injured student's parent/guardian to complete the claim form within 90 days of the accident and send it to the specified school insurance company
- Once an accident report has been submitted to the school nurse, an athlete cannot return to play until they have been evaluated by their private health care provider and they have provided the school nurse with a clearance note from the provider
  - At this point we cannot allow them to play until this note is received
- **CONCUSSIONS!!** See next page...

# BCSD & NYSPHSAA Concussion Protocol:

Once it is suspected that a student athlete has sustained a concussion or a student has a confirmed concussion diagnosis from their MD, they must first obtain clearance from their private physician to begin the “Return to Play” (RTP) process. This process can not begin until the MD clearance note has been provided to the BCSD Athletic Trainer or Nurses office. All student athletes must complete the RTP process after being diagnosed with a concussion prior to participating in sports again, **REGARDLESS OF WHEN THE CONCUSSION HAD OCCURRED** (ex. If a student athlete sustains a concussion in October but does not play a sport again until the Spring, they will need to complete the RTP process prior to starting sports in the spring).

## Return to Play Protocol once symptom free for 24 hours and cleared by School Medical Director

All Student athletes must complete the RTP **prior to starting sports again**; regardless of when the concussion occurred, or when what time of year the next sport season begins.

(Any return of symptoms during the return to play protocol, the student will return to previous day’s activities until symptom free)

6 Phases are included in the Return to play process. For more information please visit the website below:

<https://www.beaconk12.org/site/handlers/filedownload.ashx?moduleinstanceid=2385&dataid=629&FileName=NYSPHSAA-Student-Parent-Concussion-Info-2022-2023.pdf>

# Student Requirements for Participation

## (Located in the BCSD Athletic Handbook)

- Must be enrolled in a total of 4 classes (3+PE) each semester
- Absent from school for the entire day = Ineligible to participate that day
- Sent home through the nurse = Ineligible to participate that day
- Students must sign in by 11 am
- Students must attend at least 4 periods of the school day
- Students must turn 19 years old **after** July 1, 2024 to be considered an eligible athlete



# Student Practice & Contest Responsibilities

## (Located in the BCSD Athletic Handbook)

- Prior approval from coach required before missing team events
  - Students must attend all practices & games unless approval given by the head coach
    - Loss of playing time will occur if approval is not given
    - Unacceptable reasons for missing team events include, but are not limited to: work, vacations, professional sporting events, concerts, other athletic programs/rec teams/travel teams
- Normal Doctors/Dentist visits, other after-school non-emergency appointments, should be avoided during the season
- Extenuating circumstances should be brought to the attention of the head coach for **PRIOR APPROVAL**

# Student Behavior Code

## (Located in the BCSD Athletic Handbook)

- Behaviors that can result in suspension from contests, team activities, or from future BCSD Athletic programs include, but are not limited to:
  - COC Infractions at the school level
  - Fighting
  - Abusive language
  - Unsportsmanlike behavior
  - Insubordination to the coach or other authority figures
  - Bullying/Hazing (Violation of the Dignity Act)
  - **CYBER INFRACTIONS** (ex. Inappropriate messages/texts/posts on Twitter/Kik/Snapchat/etc.)
- Behavior code infractions are enforced from events that occur both on and off school grounds

# BCSD COC & Interscholastic COC

## (Located in the BCSD Athletic Handbook)

- Infractions of the BCSD COC that occur either on or off school grounds may result in suspension of games/team activities/future BCSD Athletic programs
- **SUBSTANCE ABUSE**
  - Participants are not to use, possess, or be under the influence of:
    - Alcohol
    - Illegal substances (Drugs)
    - Tobacco- including **Vaping Products** or other electronic forms of nicotine/tobacco
    - Performance enhancing drugs
- This provision is in effect at the start of the fall sports season through the last day of the spring season, regardless of whether the athlete is participating in that sport season. Suspensions also carry over from season-to-season and school year to school year.
- **FIRST OFFENSE-** One week suspension from all team activities
- **SECOND OFFENSE-** Removal from the athletic program for 1 entire sports season or two total months (whichever is longer)
- **THIRD OFFENSE-** Removal from the BCSD athletic program for one year

# NCAA Eligibility Center



- Student athletes must register through the NCAA Eligibility website in order to be eligible to play NCAA Division I or II sports in college
  - End of Sophomore year, beginning of Junior year
  - Athletes do not need to register for Division III sports
- Registration is required in order to participate and to receive scholarships
  - **Website reference:** <https://web3.ncaa.org/ecwr3/>
- For more specific information contact your guidance counselor:
  - Anna Orlando 9th-11th: A-Dia and 12th: A-Fie [orlando.a@beaconk12.org](mailto:orlando.a@beaconk12.org)
  - Sharon Morales 9th-11th: Dib-Lin and 12th: Fig-Mac [morales.sh@beaconk12.org](mailto:morales.sh@beaconk12.org)
  - Michelle Polhamus 9th-11th: Lio-Rob and 12th: Mad-Rod [polhamus.m@beaconk12.org](mailto:polhamus.m@beaconk12.org)
  - Dawn Arghiere 9th-11th: Roc-Z and 12th: Roe-Z [smith.daw@beaconk12.org](mailto:smith.daw@beaconk12.org)

# For Parents & Spectators: Spectator Expectations at BCSD Events

- Positive comments are encouraged!
  - Negative comments toward players/coaches/officials/opponents will not be tolerated
- Avoid actions that offend visiting teams/individuals/spectators/officials
  - Ex. Name calling, number calling, taunting, etc.
- Those spectators or parents deemed detrimental to the values of good sportsmanship will be removed from the contest or will be suspended from further contests (NYSPHSAA policy)
  - 1 additional game suspension will occur. Option to take NYSPHSAA course to waive the additional suspension.
- Standards include away contests or contests held at alternate locations

***Help represent Beacon Athletics!***

# For Parents & Spectators: NYSPHSAA Spectator Expectations

## Penalty for being removed from a game or event:

- Any spectator removed from a game or event will have a minimum penalty of completing the \*NFHS Parent Credential course\* or a one game suspension before they are allowed to attend any interscholastic event. Once the course is completed the spectator will provide a certificate of completion to the athletic department office.
- Depending on the severity of the behavior/comments or future disqualifications by the offending spectator NYSPHSAA and the Section may get directly involved in the situation.

\*NFHS Parent Credential Course\* Link: [www.nfhslearn.com](http://www.nfhslearn.com)

The course is the Parent Credential, which is actually two courses:

1. Parent Seat
2. Parenting within School Programs

# NYSPHSAA Student Responsibilities

## (Located in the NYSPHSAA handbook)

NYSPHSAA Handbook Link: [https://nysphsaa.org/documents/2023/8/21//NYSPHSAA\\_Handbook\\_082123.pdf](https://nysphsaa.org/documents/2023/8/21//NYSPHSAA_Handbook_082123.pdf)

- **Athlete Eligibility Period:**
  - Athletes are given 6 consecutive years, starting in 7 grade, to compete in athletics; of 4 consecutive years starting in 9th grade.
    - Ex. If a student is held back a year, they are not granted an additional year of eligibility.
- **College Rule:**
  - Athletes cannot participate in any type of college workout/practice in the same sport season.
    - Ex. A Varsity basketball player cannot participate in a workout with a college basketball team during the course of the high basketball season.
- **Amateur Rule:**
  - High school or Middle school athletes cannot accept money or any other type of compensation for competing in a function outside of school.
    - Ex. A track athlete cannot run in a local 5k and collect prize money for winning the event.

# For Parents:

## Question/Concerns throughout the season...

- Encourage your child to inquire
  - Part of our goal is to encourage communication- if there is an issue please speak privately with your coach
- If more clarification is needed, contact the coach of the team
- Additional questions or concerns can be brought to the attention of the Director of Athletics
  - Questions regarding playing time, performance, gametime decisions, etc.
    - These will be directed to the coach

PLEASE reach out to a coach if you have questions.



# Varsity Award Ceremony (June 4, 2024)

- **Bulldog Award-** 6 Varsity Seasons between Jr/Sr year
- **Athletic Director's Achievement Award-** 6 Varsity Seasons between Jr/SR year plus 1-3 additional Varsity Seasons
- **Superintendent's Achievement Award-** 6 Varsity Seasons between Jr/SR year plus 4 or more additional Varsity Seasons
- **Joe Vorbach Scholar Athlete Award-** Male/Female Senior Athletes with the highest GPA
- **Most Outstanding Athlete Award-** Male/Female Senior Athlete who excels in athletics, the classroom and the community
- **Vito DiCesare Award-** Most outstanding Male/Female Senior Athletes
- **Scholarships-** Over \$5500 in scholarships offered to our senior athletes!

In addition, each program will give out 3 team awards (MVP, Most Improved, Coaches Award)

# Future Dates.....



- **November 18-** Start date of **WINTER** Varsity/JV Sports
- **December 2-** Start date of **WINTER** Modified Sports
- **March 17-** Start of **SPRING** Varsity/JV Sports
- **March 24-** Start date of **SPRING** Modified/Developmental Sports
- **June 2-** College Athletics Commitment Ceremony
- **June 4-** Varsity Athletics Award Ceremony