

# 2023-24 BCSD PE/Health/Athletics Presentation



Mr. John Giametta  
Director of PE, Athletics, Health & Recreation

# 2023-24 Scholar Athlete Teams

*75% of team GPA of 90% or above*

## Fall Sports

Volleyball

Girls & Boys Soccer

Girls Swimming

Girls Tennis

Girls & Boys Cross Country

## Winter Sports

Unified Bowling

Girls & Boys Indoor Track

Boys Swimming

Girls Basketball

Girls & Boys Bowling

Wrestling

# Fall 2023 Sports: Notable Accomplishments

- Varsity Boys Soccer
  - Sectional Champions
- Varsity Girls Soccer
  - Played in the Section 9 Championship Game- First time since 1989!
- Varsity Volleyball
  - First League Champions in school history!
- For the first time in school history **Varsity Volleyball, Varsity Girls Soccer & Varsity Boys Soccer were league champions in the same year!**



# Winter 2023-24 Sports: Notable Accomplishments

- Varsity Girls & Boys Basketball: Winners of the “Battle of the Tunnel” v. Haldane
- Varsity Wrestling: Bulldog Tournament
  - 2nd Place Winners Avery Davis & Jude Betancourt & 3rd Place Winner Nixon Salinas





# 2023-24 Health Updates

## RMS

Students made a personal health triangle to symbolize they strengthen their mental, physical, and social/emotional health.

Used the movie Inside Out to help students understand emotions and how they impact our everyday lives.

Students had to make goals for themselves that they hope to achieve by the end of the year.

Students had to advocate for why people should engage in healthy behaviors regarding their hygiene.

Students made value grids to identify what they value when they are faced with making hard decisions.

Students will experiment with using drunk goggles to understand the dangers of drunk driving.

## BHS

Sadd Criminal Justice day with the DA, Beacon Judge, prosecutor and troopers; they "arrested a sadd student" and went through the whole process of what the person's rights are!

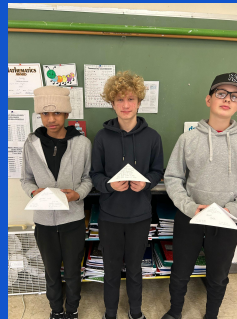
February 7th -Trooper Renzo -Drugs presentation

February 12-14th- Teen Dating Violence/Safety planning/Digital safety

February 26th 11:30-2:10 Love Shouldn't Hurt Escalation workshop

Teen Mental Health First Aid Trainings (February 2024)

Nami - Ending the silence - TBA



# 2023-24 Elementary PE Updates

## Notable initiatives by all schools:

- Swimming with 1st-5th
- Students took a trip to MetLife stadium where the kids got to tour the field and all of the behind the scenes areas.
- Bowling Field Trip with 1st-4th grade.
- PARKOUR- PreK-5th
  - Thank you to Hudson Valley Best for Volunteering!
- South Ave: "Jump Rope Across America" - Using fitness bands. Made it from Beacon, NY to Disney World Florida by adding our steps together during the unit!
- Glenham: A presentation on hygiene from the HS Wellness Club with 5th!





# 2023-24 Secondary PE Updates

RMS

BHS

Monthly PE Students of the Month

Hiking Field Trip for all grades

Hiking & Swimming Field Trip, Grades 6-8

Student of the Month Awards and adding student of the week/athlete of the week to our bulletin board

Spins Bowling Field Trip, Grades 6-8

Weight room- Expanding education

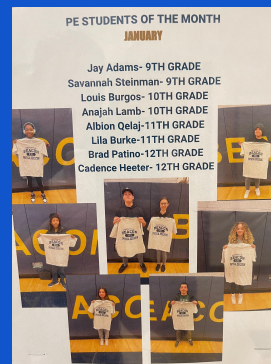
2nd Annual Flag Football Turkey Bowl Tournament, Grades 6-8

Starting a Health/Nutrition Unit (2/2/2024)

Morning Intramurals Monday- Friday

Volleyball Tournaments During Class

Elks Club Hoop Shoot, Grades 6-8





# Connecting with the youth!

## Girls in Sports Day

Over 130 Girls from the BCSD Elementary Schools  
& RMS!



## Varsity Team Mentorship



# Winter 2023-24 Unified Bowling & 2023 Unified Basketball

## Team Members:

Krystal Dembo, Alyson Guobadia, Sa'yon Harrison, Grace Hudson, Makayla King,  
Tatyana Pearson, Nahari Powell, Leena Rodrigues, George Walker





# 2023 Beacon Athletics Hall of Fame Ceremony

**2012 Softball Team**

Head Coach: Brian Antalek

**Rodney Paulin**

Varsity Boys Basketball: Class of 1974

**Joe Simmons**

Varsity Boys Basketball: Class of 1974

**Jummie Akinwunmi**

Varsity Track & Field: Class of 2018

**Dave Eraca**

Varsity Baseball: Class of 1973

**Lenny Torres**

Varsity Baseball: Class of 2018

**Randy Casale**

Honorary



# School Spirit 2023-24

- Pep Rally
- Fall Team Recognition
- Student Tailgate
- Homecoming Court
- Homecoming Dance
- Spirit Week
- Spirit of Beacon Parade
- NEW Winter Homecoming Dance presented by the JR Class



# Other things we are doing this year...

- Senior Appreciation Ceremonies
- Added: Modified Girls & Boys Crew
- Added: JV Girls Lacrosse
- Pep Band @ Basketball & Football
- Kayaks in the Pool
- Beacon Rec Youth Swim in the Spring
- Secondary Swim Intramurals in the Spring
- Summer School PE Credit Recovery
- College Athletics Commitment Ceremony
- Varsity Athletic Awards Ceremony
- JV Athletic Award Party
- Modified Athletic Award Party
- Section 9 Scholar Athlete Awards
- Varsity Team Mentor/Tutor Program
  - Teams visiting elementary schools to meet with students (Varsity Cheer & Basketball)
- Team Workout Sessions hosted by the BHS Conditioning Coach (Mike Mullins)





# 2023-24 Program Participation

## Fall Enrollment

- Total number of Fall Athletes:
  - Fall 23 Girls: 198 (+3)
    - (Fall 22- 195)
  - Fall 23 Boys: 168 (+26)
    - (Fall 22- 142)

## Winter Enrollment

- Total number of Winter Athletes:
  - Winter 23/24 Girls: 109 (+10)
    - (Winter 22/23- 99)
  - Winter 23/24 Boys: 178 (+23)
    - (Winter 22/23- 155)

## 2023-24 Totals

Total Girls participation to date: 307 (+13)  
(Fall/Winter 22/23- 294)

Total Boys participation to date: 346 (+49)  
(Fall/Winter 22/23- 297)

Total Fall Participation: 366 (+29)  
(Fall/Winter 22/23- 337)

Total Winter Participation: 287 (+33)  
(Fall/Winter 22/23- 254)

## District Participation Avg:

- BHS Enrollment: Avg. 830 students
- RMS Enrollment: Avg. 400 students (7-8th Grade)
  - Avg. Total Students: 1230
- Fall Participation Avg.: 30% enrolled students
- Winter Participation Avg.: 23% enrolled students

# Future Initiatives

- Competitive Cheer (2024?)
- Girls Flag Football (?)
- Increased Swim Opportunities as an alternative to clubs
  - *Beacon Rec Youth Swim Program*
  - *BCSD Secondary Swim Intramurals*
  - *\*Increasing Community usage*
- Increased sports Intramurals at the Secondary Levels: An alternative to competitive sports focusing on participation, fun & development.
  - Soccer
  - Basketball
  - Volleyball
  - Swimming
  - Tennis
  - Golf
- Pep-Band at more events
- Organized off-season weight training sessions
- Weight Room renovations
  - *In progress- former 5 year goal*
- Track renovations
  - *In progress- former 5 year goal*
- Additional seating at the BHS Turf
- Tennis Court Resurfacing



# Recommended Budget Increases

## Coaches Stipends: +\$10K

- Crew: if 10+ students enroll
- Pep Band at more events?
- Adding additional sports
- Coaching longevities

## Athletic Chaperones: +\$5K

- Security
  - *Wandering initiatives*
- Increased PD presence

## BOCES Services: +\$5K

- Section 9 Dues increase

## Equipment: +\$10K

- Weight Room Equipment
  - *Complete equipment upgrade*
- Competitive Cheer Mats
- Aquatics Equipment
  - Touch Boards, Updated Meet Technology, Safety Equipment
- Track Equipment (High Jump Mats & Hurdles)

## Athletic Supplies: +\$5K

- Updated AEDs
- Competitive Cheer Choreography
- School Spirit Supplies
  - Outdoor Signs & Banners



2024-25 BCSD Athletic Budget		+\$35,000
	Budget	Budget
	2023-24	2024-25
Coaching Athletic Stipends	\$292,000	<i>\$302,000 (+10k)</i>
Athletic Chaperones	\$20,000	<i>\$25,000 (+\$5k)</i>
Equipment	\$70,000	<i>\$80,000 (+\$10k)</i>
Contractual Expense	\$115,000	<i>\$115,000</i>
Athletic Supplies- All Schools	\$50,000	<i>\$55,000 (+\$5k)</i>
PE Supplies- All Schools	\$10,000	<i>\$10,000</i>
BOCES Services	\$100,000	<i>\$105,000 (+\$5k)</i>
Total	<b>\$657,000</b>	<b><i>\$692,000 (+35k)</i></b>

# 5 Year Goals:

1. **Every student that graduates from BHS will have been offered CPR/First Aid Certification** *(In progress)*
2. **Every student that graduates from BHS will have developed a personal fitness plan** *(Begin 2024-25 School year)*
3. **Increase enrollment of BCSD students into interscholastic athletics**
  - *It keeps increasing!*
4. **Elective PE classes at BHS**
  - *Working on this for 2024-25 school year*
5. **School of Distinction Award**
  - *So far in 2023-24 we have the most Fall & Winter Scholar Athlete Teams in 7 years!*

