Recent changes to the New York State Education Law require that BMI and weight status group be included as part of a student’s health examination, whether it is done at school or by your private healthcare provider. During the examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student’s body mass index or ‘BMI’. The BMI helps the doctor or nurse know if the student’s weight is in a healthy range or is too high or too low.

Each year a sample of school districts are required to take part in a student weight status category survey by the New York State Department of Health. Our school is required to complete the survey on even years. We will report to the New York State Department of Health information about our students’ weight status groups. **Only summary information is sent. No names and no information about individual students are sent.** However, you may choose to have your child’s information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child’s weight status group information included as part of the Health Department’s survey this year, please print and sign your name below and return this form to your child’s school nurse by January 10.

Please do not include my child’s weight status information in the **January 2018** School Survey.

____________________________                                        _____________
Print Child’s Name                                                   Date

_____________________________                                     _______________________
Print Parent’s Name                                                   Parent’s Signature