

# Here to help you cope with COVID...



We are a proud provider agency  
of NY Project Hope,  
New York State's COVID-19 Crisis  
Counseling Program.

Astor Services for Children & Families is now  
providing **Dutchess & Rockland counties** with free,  
confidential, and anonymous emotional support.

To learn more, contact Megan Wright at  
**(845) 204-5223** or [mwright@astorservices.org](mailto:mwright@astorservices.org)



A program of the NYS Office of Mental Health  
Funded by FEMA



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